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| **Section: Bullying** | | | |
| **Objective:** | | This activity will help children to understand the different types of bullying and how bullying can bring harm to fellow children and classmates.  SEL Competency: Social Awareness  Developmental level: Foundational  Key message: I understand what bullying is and I know how to respond.  Time: 10 mins 30 seconds | |
|  | **Character name** | | **Content:** *Format*  (TONE OF ADDRESS)/‘Lines from script’/song/sound clip no. |
| **1.** | FX (sound FX) | | *STANDARD INTRODUCTORY JINGLE NO.xx* |
| **2.** | Host | | Today I’m going to tell you a short story about a boy called John who has a big problem. John is being bullied.  Can anyone help me explain what bullying is? |
| **3.** | Child A | | It’s when people are mean |
| **4.** | Host | | Yes. Very good. Bullying is when someone is being hurt on purpose, either by words or actions. Bullying is something that happens more than once. Usually bullies are stronger, older or more popular. They pick on people who are weaker, younger or who are less popular.  A simple definition of bullying is: being mean to children who can’t, or won’t, defend themselves.  Does that make sense? |
| **5.** | All | | Yes |
| **6.** | Host | | Good! Ready to begin today’s activity? |
| **7.** | All | | Yes |
| **8.** | Host | | Great! Pay attention as I’m telling the story, because I’m going to ask you some questions afterwards and we’re going to talk about what we can learn from the story. |
| **9.** | FX (sound FX) | | Sound to introduce read aloud story |
| **10.** | Host | | John plays football with his classmates after school every day. One day, his classmate, Peter, kicked the football to him, and John missed it.  Peter shouted, “You play like a girl, John!” That same day, John caught the pass and tried to make a goal, but missed. The other team got the ball.  Once again, Peter shouted at him, this time shouting “Your mom could play better than you!” The next day, when John came to join the team, everyone ignored him. Although John was on the field, no one ever passed a ball to him. His friends were doing this on purpose to leave him out of the game.  After two days, John did not come back to play football after school. He felt very sad and could not concentrate in class. He wanted to quit school. |
| **11.** | FX (sound FX) | | Sound to end read aloud story |
| **12.** | Host | | Did you like the story? |
| **13.** | All | | Yes |
| **14.** | Host | | Are you ready to answer some questions about the story? |
| **15.** | All | | Yes |
| **16.** | Host | | Ok! Let’s go! Remember to say your answers out loud at home! |
| **17.** | FX (sound FX) | | Sound to indicate questions |
| **18.** | Host | | What are the different things the children did that were unkind to John?  Say your answer outloud at home!  Again, what are the different things the children did that were unkind to John? |
| **19.** | FX (sound FX) | | 30 seconds of sound to let children think and respond |
| **20.** | Host | | What do you think? what are the different things the children did that were unkind to John? |
| **21.** | Child A | | They shouted mean things to him |
| **22.** | Child C | | They ignored him the next day when he turned up to play. No one would pass the ball to him for the whole game. |
| **23.** | Child B | | They said he played like a girl and that even his mother could play football better then him |
| **24.** | Child D | | That’s crazy! Girls can play football too. I’m on the team at my school and I know I’m better than loads of boys! |
| **25.** | Host | | (KINDLY) You’re correct (Child D), girls can play football just as well as boys. In fact, girls and boys can be just as good as eachother at everything. Some boys love football, some boys don’t. Some girls love football, and some girls don’t! Whether you’re a girl or a boy shouldn’t change your interests and hobbies, or your hopes and dreams for the future!  Peter and the rest of the boys were trying to be nasty to John when they said he was playing like a girl and that he played worse than his mom.  Even though, girls can be just as good as boys at football, it still really hurt John’s feelings and that’s not ok. |
| **26.** | FX (sound FX) | | Sound to indicate questions |
| **27.** | Host | | Ok next question! Is this physical or non-physical bullying? (pause)  Again, is this physical or non-physical bullying? What do you think att home? |
|  | FX (sound FX) | | 30 seconds of sound to let children think and respond |
|  | Host | | What do you think? is this physical or non-physical bullying? |
| **28.** | Child A | | Non-physical. They didn’t hurt him by hitting or punching. They hurt him by saying mean things and ignoring him. |
| **29.** | Host | | Exactly! Well done! The other kids bullied John with their words by saying hurtful things to him. They also bullied him by excluding him. Even when John tried to join in the football game, they ignored him. This made him feel really sad and lonely.  Ready for the next question? |
| **30.** | All | | Yes |
| **31.** | FX (sound FX) | | Sound to indicate questions |
| **32.** | Host | | Ok! Would you call this violence? Why or why not? (pause)  Again, Would you call this violence? Why or why not?  Remember to say your answers out loud at home! |
| **33.** | FX (sound FX) | | 30 seconds of sound to let children think and respond |
| **34.** | Host | | What do you think? is this physical or non-physical bullying? |
| **35.** | Child D | | No. Because John didn’t get hurt on his body. |
| **36.** | Child B | | Umm. I think it is violence because he did get hurt even if there were no bruises or cuts |
| **37.** | Child C | | Yeah but how can it be violence if there are no marks on his body? I think he was being bullied but with words not with violence. |
| **38.** | Host | | Violence does not have to be just physical! Calling someone names and leaving them out is also violence.  Violence is something that causes harm, that harm can be physical, like cuts and bruises and broken bones, or it can be emotional, like what John felt. The way he was bullied had a huge impact on his life in a very short time. After only two days, John did not come back to play football after school. He felt very sad and could not concentrate in class. He wanted to quit school.  Doesn’t this sound serious? |
| **39.** | All | | Yes! |
| **40.** | Host | | Can you think of any other forms of bullying? What do you think? Call out your answers out loud at home! |
| **41.** | FX (Sound FX) | | 30 seconds of sound to let children think and respond |
| **42.** | Child D | | Threatening people |
| **43.** | Child B | | Stealing their things |
| **44.** | Child C | | Spreading rumours about them |
| **45.** | Child A | | Ruining their books or their pencil case or their bag |
| **46.** | Host | | Well done, these are really good examples. I’m glad to see how well you understand what bullying is! |
| **47.** | FX (sound FX) | | Sound to indicate questions |
| **48.** | Host | | How do you think it feels to be bullied? (pause)  Again, how do you think it feels to be bullied? |
| **49.** | FX (Sound FX) | | 30 seconds of sound to let children think and respond |
| **50.** | Host | | (KINDLY) What do you think? How does it feel to be bullied? |
| **51.** | Child C | | Really bad |
| **52.** | Child A | | They would feel hurt and alone |
| **53.** | Child D | | They might want to stop doing what they love, like how John stopped playing football |
| **54.** | Child B | | And they could want to drop out of school because they can’t concentrate like John, or because they are too afraid to go because that’s where the bullies are. |
| **55.** | Host | | Well done. these are very good answers. |
| **56.** | FX (sound FX) | | Sound to indicate questions |
| **57.** | Host | | Why do you think some people bully others? (pause)  Again, why do you think some people bully others?  What do you think at home? have you ever been mean to someone? What were you feeling at the time? |
| **58.** | FX (Sound FX) | | 30 seconds of sound to let children think and respond |
| **59.** | Host | | Why do you think some people bully others? |
| **60.** | Child A | | They feel insecure or scared themselves |
| **61.** | Child D | | They may have learnt it from others, maybe they are just trying to fit in |
|  | Host | | Exactly, these are two good reasons why some children might become bullies. |
|  | FX (sound FX) | | Sound to indicate questions |
|  | Host | | Finally, what are some things you could do to deal with bullies? (pause)  Again, what are some things you could do to deal with bullies? |
|  | FX (Sound FX) | | 30 seconds of sound to let children think and respond |
|  | Host | | What do you tthink? What are some things you could do to deal with bullies? |
|  | Child B | | Stand up to them! |
|  | Host | | Very good! And do you have any ideas for how to do that? |
|  | Child C | | Emmm… you could ask them to stop? |
|  | Child D | | Maybe you could take a friend or an older brother or sister with you when you talk to them in case they get mad |
|  | Host | | Great ideas! And in what way would you speak to the bullies? Would you get angry with them? |
|  | Child C | | No, then they might get angry back and the situation could get even worse |
|  | Host | | Correct! Its best to remain calm and kind if you can. Otherwise you might make the situation worse. If you are too angry or upset in the moment, you can walk way and try to speak to the bullies later on when you are feeling more confident.  Remember you can always talk to an adult you trust if you are being bullied. You don’t have deal with the situation alone. |
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