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| **Section: Sara’s big problem** | | | |
| **Objective:** | | Learners will listen to a story about a girl with an interpersonal problem. During the discussion, children will learn the steps to making responsible decisions.  SEL Competency: Responsible Decision Making, Relationship Skills  Developmental level: Foundational  Key message: I can solve problems with other people by making good decisions and communicating assertvively.  Time: 12 mins 30 seconds | |
|  | **Character name** | | **Content:** *Format*  (TONE OF ADDRESS)/‘Lines from script’/song/sound clip no. |
| **1.** | FX (sound FX) | | STANDARD INTRODUCTORY JINGLE NO.xx |
| **2.** | Host | | Hi everyone! Today we are going to learn all about making good decisions. I’m going to read you a story about a girl called Sara who has a big problem.  Together we are going to think up of solutions to Sara’s problem.  How does that sound? Are you ready to hear the story? |
| **3.** | All | | Yes! |
| **4.** | Host | | Ok! Listen carefully, because after the story, I’m going to ask you some questions about what decisions Sara can make to fix her problem.  Ok? |
| **5.** | All | | Yes |
| **6.** | FX (sound FX) | | Sound to introduce read aloud story |
| **7.** | Host | | Sara is eight years old. She loves to go to school. At the start of the new school year, she started walking to and from school all on her own because her older brother, who used to walk with her, started going to secondary school.  Last week, an older girl called Ann from the same school began to walk with Sara. Ann tells Sara she must wait for her in the morning so they can walk together. Sara does not really like Ann, but Sara is a kind person who tries to be friends with everyone. She is also a little scared of Ann because Ann is older than Sara.  Ann also makes Sara carry her school bag and give her money to buy sweets. Sara’s father gives her a little bit of money to buy lunch everyday. When she has to give it to Ann, she is not able to buy lunch for the day.  Ann is always late in the morning, but Sara has to wait for her. This means they are often late for school. One day, they were called to the headmaster’s office because they were late. In the office, Ann said it was all Sara’s fault that they were late. The headmaster called Sara’s mother and father. Sara got in lots of trouble with her parents.  Today, when Ann and Sara meet to walk to school, Ann tells Sara that they are going to skip school and go to the market instead. Sara does not want to skip school. She is afraid that she will get into even more trouble. Ann says that she will tell all the other children in the school to stop playing with Sara if she does not go with her. |
| **8.** | FX (sound FX) | | Sound to end read aloud story |
| **9.** | Host | | What a story! Did you like it? |
| **10.** | All | | Yes |
| **11.** | Host | | Have you ever had something like this happen to you? where you were forced to do something for someone else? |
| **12.** | Child A | | Yes… one time one of my older brothers friends made me carry his school bag to and from school every day. It was really, really heavy. |
| **13.** | Host | | Oh no! That sounds awful. I’m so sorry that that happened.  Were you able to fix what happened? |
| **14.** | Child A | | Yeah, I told my brother that I really didn’t like it. At first he didn’t seem to care but then when he saw all the books that were in it he stood up for me and told his friend to stop making me carry them. |
| **15.** | Host | | Good. I’m so glad to hear that you found a way to fix the problem. Telling your brother and showing him how heavy the bag was was a really, really good solution.  Are you ready to answer some questions about the story we heard? |
|  | All | | Yes |
|  | Host | | Ok great! |
|  | FX (sound FX) | | Sound to indicate question |
|  | Host | | Why do you think Ann was able to make Sara do what she said? (Pause)  Again, Why do you think Ann was able to make Sara do what she said?  Remember to call out your answers at home!  Why do you think Ann was able to make Sara do what she said? |
|  | FX (sound FX) | | 20 seconds of sound to let children think and respond |
|  | Host | | Well, what do you think? |
|  | Child A | | She was older than Sara |
|  | Child B | | And her older brother went to secondary school so she didn’t have anyone to protect her from Ann on the way to school |
|  | Host | | Very good! Ann is older than Sara, and Sara is a little bit frightened of Ann.  Sara is also a kind person who wants to be nice to everyone, even if they are a little scary or mean.  Sara’s brother used to walk with her everyday but since he has started seconday school, Sara must walk alone.  Are you ready for a new question? |
|  | All | | Yes |
|  | Host | | Ok! |
|  | FX (sound FX) | | Sound to indicate question |
|  | Host | | How do you think Sara feels when Ann makes her do things like carry her school bag and give her money? (Pause)  Again, How do you think Sara feels when Ann makes her do things like carry her school bag and give her money?  Remember to call out your answers at home! |
|  | FX (sound FX) | | 20 seconds of sound to let children think and respond |
|  | Host | | Well, what do you think? |
|  | Child C | | Really sad |
|  | Child D | | Angry |
|  | Child A | | Sad and angry but too scared to say anything because Ann is older. |
|  | Host | | Really, really good! Sara probably feels lots of feelings when Ann is making her do things. She probably feels sad and angry and scared all at the same time.  Are you ready for another question? |
|  | All | | Yes! |
|  | Host | | Ok great! |
|  | FX (sound FX) | | Sound to indicate question |
|  | Host | | How do you think Ann feels when she can make Sara do things for her? (pause)  Again, How do you think Ann feels when she can make Sara do things for her? |
|  | FX (sound FX) | | 20 seconds of sound to let children think and respond |
|  | Host | | Well, what do you think? |
|  | Child B | | Powerful |
|  | Child C | | Mean |
|  | Child A | | Yeeah, really mean and angry |
|  | Host | | (KINDLY) it’s true that Ann is not being very nice to Sara at all. Like you said, she is being very, very mean. And she probably does feel powerful when she is able to force Sara to do things for her.  But do you think she is doing this just because she is a bad person or do you think there might be something else making Ann act this way?  Have you ever done something unkind to someone? |
|  | All | | (SADLY/ BASHFUL) Yeah |
|  | Host | | (KINDLY) We all have! And it’s not because we are bad people, sometimes when we are feeling bad on the inside, we can do bad things to people around us.  Do you think that maybe Ann is feeling bad on the inside? |
|  | All | | (SADLY) Yeah maybe |
|  | Host | | (KINDLY) We don’t know for sure but Ann might be scared or being bullied herself.  Sometimes, when we feel weak or powerless we want to prove to ourselves just how strong we are. Sometimes we do this by bossing younger children around.  This is not ok and we should never bully or hurt anyone, especially not a younger or less powerful child, but if we understand the reasons behind what is happening, it can help us find the best solution to the problem.  Does that make sense? |
|  | All | | Yeah |
|  | Host | | How do you feel about Ann now? |
|  | Child D | | I want to give her a hug.. maybe she just needs a friend. If she had more friends maybe she would leave Sara alone |
|  | Host | | What a kind thing to say! That would be a really nice thing to do.  When we are dealing with bullies we do need to be careful. If there is any chance that the bully might harm you in some way, it’s important to find a grown up. If you see one of your friends, or someone you know, being mean to younger children then you should definitely talk to them about it.  Ok, ready for another question? |
|  | All | | Yes |
|  | Host | | Great! |
|  | FX (sound FX) | | Sound to indicate question |
|  | Host | | What do you think Sara should do?  Remember, she has been called to the headmasters office because she is late for school. Ann has blamed her for being late. The headmaster has called her parents and now, even they are angry with Sara! Even worse, Ann has said that if Sara tells on her, she will tell the whole school to stop talking to Sara! Poor Sara!  What do you think she should do? (pause)  Again,what do you think Sara should do? |
|  | FX (sound FX) | | 20 seconds of sound to let children think and respond |
|  | Host | | Well, what do you think? |
|  | Child A | | (FORCEFULLY) She has to tell her parents what really happened! And the headmaster! |
|  | Child B | | (FORCEFULLY) But then she will have no friends because Ann will tell everyone not to talk to her! |
|  | Child A | | (FORCEFULLY) But Ann must not have many friends. She’s a bully and people don’t like bullies! |
|  | Child B | | (SADLY) Yeah, but they are really scary. Just because you don’t like them doesn’t mean you can ignore them. They make you do what they say. |
|  | Child C | | (SADLY) Yeah and grown ups don’t always make things better. Sometimes it can get worse if you tell on a bully. Ann could wait after school and beat Sara. |
|  | Child D | | (QUESTIONING) But at least Sara could tell her parents? Maybe they could walk with her to school from now on? Or maybe her brother could take another route to secondary school that would pass by Sara’s school? If Sara was more protected, then Ann wouldn’t be able to bully her anymore. Ann is just one person, she doesn’t have a whole gang of friends to help her! |
|  | Host | | (KINDLY) it’s a really tricky situation for Sara, isn’t it? |
|  | All | | Yeah |
|  | Host | | (KINDLY) It almost seems impossible to find a solution when you are in a situation like this, doesn’t it? |
|  | All | | (SADLY) yeah |
|  | Host | | (BRIGHTLY) There are things Sara can do to make things better though!  Like (Child A) said, she could tell her parents and the headmaster. If she feels that the headmaster wont believe her, or won’t care who’s “fault” it is, she can just speak to her parents.  If she is too afraid to talk to her parents, because they were very mad when the headmaster called them about her being late to school, she can talk to her older brother. He might be able to help Sara talk to her parents about what is going on.  (Child B) and (Child C), unfortunately, you are correct, sometimes telling a grown makes things worse. The bully might get angry and be even more mean and the grown up might not do anything to help. This is not ok. Children should never be bullied, and school should alwayss be a safe place for children. However, sometimes it is not.  If Sara is afraid to tell her headmaster what is happening, or if she does not think that the headmaster will do anything to stop the bullying, she can speak to a different grown up in her school. Perhaps her favourite teacher or a school nurse or counsellor. This grown up can then talk to the headmaster for Sara so she does not have to. Sometimes, grown ups dont listen to little children even though they should!  By finding a grown up who will listen, and then asking that grown up to speak to the grown up wh wont listen, you can help yourself be heard by everyone!  Does that make sense? |
|  | All | | Yeah |
|  | Host | | Good! I’m glad! Like you suggested, (Child D), Sara could also try to avoid Ann, by walking to school with her parents or asking her older brother to keep walking with her. She could even see if any of her classmates might want to start walking home with her, or if she can get a ride with someone who’s parents are driving them to school. There are lots and lots of things that Sara can do to avoid Ann in the future!  Do you think Sara will be ok? |
|  | All | | Yeah |
|  | Host | | Do you think you have a better idea of what to do if something like this happens to you? |
|  | All | | Yeah |
|  | Host | | Good! I’m really happy to hear that! |