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| **Section: Decisions, Decisions** | | | |
| **Objective:** | | Children will be able to determine steps in making good decisions  SEL Competency: Responsible Decision Making  Developmental level: Advanced  Key message: I can make good decisions  Time: 10 mins 30 seconds | |
|  | **Character name** | | **Content:** *Format*  (TONE OF ADDRESS)/‘Lines from script’/song/sound clip no. |
| **1.** | FX (sound FX) | | *STANDARD INTRODUCTORY JINGLE NO.xx* |
| **2.** | Host | | We all make decisions every day, sometimes these are small decisions, and sometimes they are big decisions. Sometimes making a small decision every day can have big consequences for our lives, for our health, and for our futures.  For example, we know that if we want to succeed, we should go to school every day, listen during class and do our homework. We decide to wake up on time each morning. We decide to go to school. We decide to pay attention during class and we decide to complete our homework every evening. All of these decisions have a huge impact on our lives and our futures. If we do all of these things, we are more likely to have success in life.  It might not sound like a big deal to skip one or two days or even one or two classes, or to show up late or to daydream during class. But if we make the decision to do these things over and over again, before we know it, we could be falling behind the rest of the class and even failing. This could have a really big impact on the things we can do in our future.  Today we are going to learn about making good decisions. Does that sound interesting? |
| **3.** | All | | Yes |
| **4.** | Host | | Ok. We’re going to discuss some scenarios together. We want to identify the things to think about when making a decision.  Here’s the first scenario. Remember to think about your answer at home, during the pause. Then we will discuss together.  Hassan lives next to a small stream where many families wash their clothes and children wash themselves. Hasssan’s friend Yosef came over one day when it was very hot outside, and decided to get a drink of water from the stream. |
| **5.** | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
| **6.** | Host | | Ok what do you think? |
| **7.** | Child A | | They can’t drink from the water! It might not be safe! |
| **8.** | Host | | Ok, good answer! How did you make that decision? What do you think at home? How would you decide that drinking from the stream is not a good choice? |
| **9.** | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
| **10.** | Host | | Ok what do you think? |
| **11.** | Child A | | Um.. well I know the doctor in the community is always telling us to be careful about where we get our drinking water from. He says that drinking dirty water can make us sick. If there are families washing themselves and their clothes in the water then it is probabvly dirty so they shouldn’t drink it. |
| **12.** | Host | | Well done! So, in order to make the decision not to drink the water, you listened to the advice of an expert – the doctor and you thought about the consequences of drinking the water – getting sick.  These are both excellent steps to take when making decisions!  Ready for another scenario? |
|  | All | | Yes! |
|  | Host | | Ok!  Zara is a 16 year-old girl living in [insert the name of a local town]. She earns money selling [insert a commonly sold local product] at the market. Recently, a friend has been coming to buy [commonly sold local product] from her. He has been bringing him small gifts such as earrings and topping up her phone. He has suggested that she comes to a local [rooming house/guesthouse/inn/place where people go to sleep together] with him. What should she do? |
| **13.** | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
| **14.** | Host | | Ok what do you think? |
| **15.** | Child D | | She should not go! |
|  | Host | | Very good! And how did you make that decision? Why should Zara not go with her friend? |
|  | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
|  | Host | | Ok what do you think? |
|  | Child D | | It’s too dangerous. Anything could happen! When she sees him at the market, they are surrounded by people. If she goes somewhere alone with him he might end up being dangerous or violent.  Also, if they have sex, she might get pregnant or get sick. She would then have to live with the consequences of that for a long time. Maybe even forever!  And if people see them going to the (rooming house/ guesthouse/ inn/place where people go to sleep together) they might start treating her badly. They might stop respecting her. Her family might be ashamed of her. |
|  | Host | | All of this is very true. So, in order to make your decision, you considered the situation very carefully.  You thought about the consequences of a decision to go with her friend to the (rooming house/ guesthouse/inn/place where people go to sleep together). You thought about the immediate consequences, like how she might be in danger if she goes someplace alone with her friend, and the long term consequences, like hos she might get sick or pregnant if they have sex, or how people might treat her if she is seen going to the (rooming house/ guesthouse /inn /place where people go to sleep together).  Another important thing to consider when it comes to decisions like this one, are your values and the values of your family and community. If you do not want to have sex with somebody, or if you don’t want to be alone with somebody, you can say no.  Finally, if Zara wants to remain friends with this boy, do you think there is anything she could do? What advice would you give Zara if she was your friend? Remember to say your answers out loud at home! |
|  | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
|  | Host | | Ok what do you think? |
|  | Child D | | She could say that she wont go to the (rooming house/ guesthouse /inn /place where people go to sleep together) with him but she could suggest someplace else. It would be best if it was someplace public and open, where she feels safe. |
|  | Host | | Very good! When we don’t feel comfortable with what someone is asking us to do, we can suggest something else.  Ok next scenario! Ready? |
|  | All | | Yes |
|  | Host | | Yosef’s friends have started smoking cigarettes. They smoke while they’re walking around town and they smoke while they’re drinking coffee/ fanta/ tea. Recently, one of Yosef’s friends offered him a cigarette. What should he do?  What do you think? Remember to say your answers out loud at home? |
|  | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
|  | Host | | Ok what do you think? |
|  | Child B | | Say no!! |
|  | Host | | Very good! Why should Yosef say no? how did you make that decision? Think about it at home and remember to say your answers out loud! |
|  | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
|  | Host | | Ok what do you think? |
|  | Child B | | Doctors say that cigarettes cause lung cancer. And even on the packets, there are photos of people with illnesses and warning signs telling people how bad they are for you.  Even though his friend only offered him one cigarette, I know that they are addictive. Sometimes after people have one, they want more, and then they can’t be without cigarettes.  And they are expensive. Yosef might end up paying for cigarettes for the rest of his life if he starts smoking. If he says no, he could have that money to buy other things! |
|  | Host | | Very good! So to make your decision, you considered all the possible outcomes, you listened to the advice of experts like doctors, you listened to the warnings on the packets, and you thought about the long terms consequences of having just one cigarette.  Very well done!  Ok, last scenario! Are we ready? |
|  | All | | Yes |
|  | Host | | Ok! Pay attention! And think about your decision, and how you made that decision, at home!  David is entering his final year of secondary school when his father falls ill. His father has told him that he does not want David to stop his schooling, but David see’s the family suffering and he is considering leaving school for one or two years to get a job. When things are better at home, he can return to school. What should he do? |
|  | FX (Sound FX) | | 30 seconds of music to allow children at home to think |
|  | Host | | Ok what do you think? |
|  | Child C | | This is a really hard one. David should not have to leave school even for one or two years, but if his family is really struggling, he might not have any choice. |
|  | Host | | That’s right. This is an awful situation for David, and unfortunately, it’s a very common situation. There are so many children all over the world faced with decisions like David’s.  What do you think he can do to help make his decision? |
|  | Child C | | Um.. well, his father wants him to continue in school, so that’s good. He is not being forced out of school, he just wants to help his family. |
|  | Host | | (GENTLY PROMPTING) do you think he could do both things? |
|  | Child C | | Um.. yeah! Maybe he could work on the weekends or during the holidays. Or maybe he could do more work at home to allow his mother to work outside the home.  But it would be hard to finish secondary school and work. |
|  | Host | | (GENTLY) Yes, it would be very difficult and he might not get the high marks he would have if he wasn’t working at the same time. |
|  | Child C | | But if he takes a whole year or even two years out of school to work he might never go back. |
|  | Host | | Exactly. Here is an example of a decision where we have to balance the short term and the longer term consequences.  In the short term, if Davd leaves school, he will be able to provide for him family while his father is sick. Perhaps he was younger siblings would could stay in school because he is working.  However, if he drops out of school now he might never go back, and even if he does go back, he might find it harder after being out of school for a few years. If he never goes back to school, he might earn less money over the course of his life because he has not completed his education. |
|  | Child C | | So in the long term, it would be best for David to stay in school. |
|  | Host | | Yes, definitely. But not all children have that choice. Sometimes they have to work to support the family. David is lucky, he has a father who supports his schooling. Not all children have families who support their education.  How did you find this acttivity? Did you enjoy it? |
|  | All | | Yes! |
|  | Host | | Did you learn anything? |
|  | All | | Yes! |
|  | Host | | What did you learn? Does anyone want to tell us? |
|  | Child B | | Umm… well I learnt that making decisions can be really hard but its really, really important. |
|  | Host | | Well done! making decisions can be tough and its important to make the right decisions! Did you learn anything about how to make decisions? |
|  | Child C | | Emmm… I learnt that you have to think about the consequences of the decisions. You have to think about the long term consequences and the sort term consequences. Even though you might want to, you cant just do what you want because it might be a problem in the future. |
|  | Host | | It is really, really important to think about what might happen because of the decisions you make. Well done (Child C).  So, today we learnt that making decisions is a difficult process with lots of factors to consider. Two people may be faced with the same decision but make different choices. This is ok. The right choice for one person may not be the right choice for another person.  The important thing is that we choose wisely and that we take responsibility for the decisions we do make. Actions, whether big or small, have affects and after you have made a decision or a choice, you have to accept responsibility for the outcome or the effects – whether they are good or bad. Doing this is a big part of growing up! |
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