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| **Section: All about me** | | | |
| **Objective:** | | Children draw self-portraits and describe themselves, either writing their descriptions or drawing pictures. They will be able to identify and describe their own qualities, strengths and their favourite things.  This activity focuses on self-awareness, critical thinking and creative thinking. It has a number of purposes. It gives students a chance to recognize their own special qualities and to tell others about these through their drawings. This activity can help children begin to think about themselves and how others see them.  SEL Competency: Self Awareness  Developmental level: Foundational  Key message: I can describe myself. I can recognize my special qualities and talk about them  Time: 7 minutes | |
|  | **Character name** | | **Content:** *Format*  (TONE OF ADDRESS)/‘Lines from script’/song/sound clip no. |
| **1.** | FX (sound FX) | | *STANDARD INTRODUCTORY JINGLE NO.xx* |
| **2.** |  | | Today we are going to get to know ourselves better! We are going to think about all the things that make us special and unique!  You will need some paper and drawing materials, crayons, coloured pencils or markers. If you can, get these now but don’t worry, you don’t have to start right now. You can listen in with us and do the activity on your own later on! |
| **3.** | FX (sound FX) | | 30 seconds of music to allow children to get drawing materials |
| **4.** | Host | | I want you to draw a picture of yourself, trying to show what you look like. if you want, you can look in the mirror before you start or look at your favourite photograph of yourself.  Do you know what it is called when you draw or paint a picture of yourself? |
| **5.** | All | | No |
| **6.** | Host | | It is called a “self-porttrait”. A “portrait” or a picture, of yourself!  So first, I want you to draw a picture of yourself, trying to show what you look like. if you want, you can look in the mirror before you start or look at your favourite photograph of yourself.  I want you to think about the shape of your face, the colour of your hair and eyes, the length of your hair and all the other things that make up how you look!  What shape are our faces? Join in at home! What shape is your face? |
| **7.** | FX (sound FX) | | 5 seconds of music to allow children to respond |
| **8.** | Host | | Well? What shape is your face? |
| **9.** | Child A | | Circle! |
| **10.** | Child D | | Oval! |
| **11.** | Host | | You’re both correct! Some people have faces that are shaped like a circle and some people have faces that are more like ovals!  What about your eyes? What shape are your eyes? |
| **12.** | Child B | | Same! Oval! |
| **13.** | Host | | Very good! (Child B) what colour are your eyes? Do you know? |
| **14.** | Child B | | Ummm… no.. |
| **15.** | Host | | Hhmmm let me see….. you have big beautiful brown eyes! So when you draw your self portrait, you can use a beautiful brown colour for your eyes! |
| **16.** | Child C | | (EXCITEDLY) what about me?!? what colour are my eyes?? |
|  | Host | | HHmmm let me get a good look! (pause)  Your eyes are a beautiful green colour! Can you draw them in green for me? |
|  | Child C | | Yes! |
|  | Host | | Perfect! If you don’t know what colours to use, you can always look in the mirror or ask someone in your family to help you decide!  Now, when you are drawing the pictures of yourselves, I want you to make sure to draw it in the middle of the page as you will be adding some things around your picture.  Can you do that? |
|  | All | | Yes! |
|  | Host | | Very good! |
|  | FX (sound FX) | | Short sound effect to indidcate next phase of the activity |
|  | Host | | When you have finished drawing your self-portrait, I would like you to think of all your favourite things!  What do you love to do? Whats your favourite game? Say it out loud at home! |
|  | FX (sound FX) | | 5 seconds sound for children at home to respond |
|  | Host | | Whats your favourite game? |
|  | Child A | | Football! |
|  | Child B | | Me too |
|  | Child C | | I like Hide and Seek |
|  | Child D | | My favouite is chasing |
|  | Host | | And what about your favourite food? |
|  | FX (sound FX) | | 5 seconds sound for children at home to respond |
|  | Host | | Whats your favourite food? |
|  | Child C | | Umm…Mangoes |
|  | Child D | | Chocolate |
|  | Child A | | Chicken |
|  | Child B | | Cake! |
|  | Host | | Yummy! And what about your favourite thing to do? What do you do to have fun? |
|  | FX (sound FX) | | 5 seconds sound for children at home to respond |
|  | Host | | Whats your favourite thing to do? |
|  | Child A | | I love to Sing |
|  | Host | | Really? Can you sing something for us?? |
|  | Child A | | (SHYLLY) Umm… ok |
|  | FX/ Child A | | CHILD A SINGING A FEW LINES OF A LOCAL NURSERY RHYME OR WELL KNOWN SONG |
|  | Host | | Wow! You have such a beautiful voice! Let’s clap for (Child A) everyone! |
|  | FX (sound FX) | | Children clapping |
|  | Host | | Very well done! and what about you, (Child B), what’s your favourite thing to do? |
|  | Child B | | Play outside with my friends |
|  | Host | | Fun!! Who’s next? (Child C)? |
|  | Child C | | I like to play with my toys |
|  | Host | | Very good! What’s your favourite toy? |
| **17.** | Child C | | Ummm….i have loads! |
| **18.** | Host | | Lucky you! |
| **19.** | Child C | | I think my favourite is my toy truck! |
| **20.** | Host | | That sounds really cool!  And how about you (Child D), what do you love to do? |
|  | Child D | | Umm… lots of things, but I think my favourite thing is dancing! |
|  | Host | | Wow! Me too! I love dancing!  Now lets think about our favourite colours? |
|  | FX (sound FX) | | 5 seconds sound for children at home to respond |
|  | Host | | Whats your favourite colour? |
|  | Child A | | Red |
|  | Child B | | Blue |
|  | Child C | | Me too! |
|  | Child D | | Orange |
|  | Host | | And what about your favourite place? |
|  | FX (sound FX) | | 5 seconds sound for children at home to respond |
|  | Host | | Whats your favourite place? |
|  | Child A | | School! |
|  | Child B | | The playground |
|  | Child C | | My garden |
|  | Child D | | My bedroom |
|  | Host | | Last one! What about your favourite school subject? |
|  | FX (sound FX) | | 5 seconds sound for children at home to respond |
|  | Host | | Whats your favourite school subject? |
|  | Child A | | Maths |
|  | Child B | | Yeah me too! |
|  | Child C | | (language) |
|  | Child D | | Playtime! |
|  | Host | | (LAUGHING) Very good! You’ve all done such a good job of noticing your favourite things!  Keep thinking of all the things you love most in the world, and when you are finished drawing the picture of you in the middle of your page, I want you to draw all your favourite things around your self-portrait.  Can you do that for me? |
|  | All | | Yes |
|  | Host | | I also want you to think about other things that make you who you are.  Things you are good at doing (singing, running, jumping, catching, etc.), the month you were born, what languages you speak, where you were born, where you come from, and where your parents come from.  Draw all of these things around your self portrait!  You can take as much time as you want to make your picture. When it is finished it will be one of a kind because you are one of a kind! We all have some things that are the same with others and some things that are different than others. No two people are the exact same. Life would be very boring if we were all the exact same!  No one is good at everything and it is important to understand our own strengths and our weaknesses. Knowing our weaknesses isn’t something to be ashamed of since we all have ways we can improve to become better people, and knowing our weaknesses helps us focus on improving ourselves to become the best we can possibly be.  Does that make sense? |
|  | Host | | Very good! i had so muchfunlearning lots of new things about you all. I hope you have lots of fun drawing your pictures!  When they a re finished you can stick it up on your wall, or ask someone to help you hang it up! |