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| **Section: Sometimes Embarassed** | | | |
| **Objective:** | | Children listen to a story about a girl who is embarrassed by her family. By listening to her mothers story, she learns to appreciate the sacrifices her parents made for her and her siblings.  SEL Competency: Self Awareness, Social Awrareness  Developmental level: Advanced  Key message: I can identify emotions – embarrassment, shame, anger and pride  Time: 15 mins 30 seconds | |
|  | **Character name** | | **Content:** *Format*  (TONE OF ADDRESS)/‘Lines from script’/song/sound clip no. |
| **1.** | FX (sound FX) | | *STANDARD INTRODUCTORY JINGLE NO.xx* |
| **2.** | Host | | Today we are going to hear a story about a girl called Malika. She feels different and this makes her feel embarrassed.  Can anyone tell me what embarassed means? |
| **3.** | Child A | | Like when you are feeling shame because you are different or you feel you are bad or something |
| **4.** | Host | | Very good |
| **5.** | All | | We often feel emparassed when we compare ourselves to other people. when we think we are lesser or we have less.  Someone might feel embarrassed because they don’t think they are as clever as the other children. Or maybe they don’t feel they can play football as well as the rest of the children on the team.  Sometimes we feel embarrassed when we look different of when we do things in a different way.  Sometimes we can feel embarassed when people nake fun of us or laugh at us for being different. |
| **6.** | Host | | Ready to hear the story? |
| **7.** | All | | Yes |
| **8.** | Host | | Ok, lets begin! |
| **9.** | FX (sound FX) | | Sound to introduce read aloud story |
| **10.** | Host | | Malika is sometimes embarrassed of her family. Her father and mother do not speak [insert local language 1] the way the other parents do, they speak [insert local language 2], and when they do speak [insert local language 1], they speak with a funny accent.  Other people sometimes laugh at them and make fun of their accents. Malika hears the other kids call them foreigners in a way that lets her know that being a foreigner is not a good thing.  Malika’s father doesn’t own his own land. He works on other people’s farms to earn some small amount of money for the family. Malika’s mother washes clothes for other families when she can, and sells small bags of peanuts at the market.  Malika and her brothers and sisters wear clothes that are old and not very clean. She wishes she could have new clothes, and get her hair braided, and she wishes that her mother did not sell peanuts in the market.  Malika can tell from the way that other people look at her family that they are not respected, and sometimes she is embarrassed. |
| **11.** | FX (sound FX) | | Sound for discussion break |
| **12.** | Host | | Let’s stop here for a quick discussion. Join in at home by saying your answers to the questions out loud during the pauses!  Why do you think Malika is sometimes embarrassed of her family? (pause)  Again, why do you think Malika is sometimes embarrassed of her family? |
| **13.** | FX (sound FX) | | 30 seconds of sound so children can reflect and respond |
| **14.** | Host | | Why do you think Malika is sometimes embarrassed of her family? |
| **15.** | Child A | | Her parents don’t speak (Insert local language 1) properly |
|  | Child B | | Her family doesn’t have much money. Her dad works on other people’s land and her mum washes other peoples clothes and sells peanuts at the market |
|  | Child C | | She had to wear old clothes |
|  | Child D | | She feels different, people talk about her family and call them foreigners. |
|  | Host | | Very good. There are lots of reasons Malika is feeling embarrassed.  Have you even felt embarrassed? What did that feel like? (pause)  Again, have you even felt embarrassed? What did that feel like? |
|  | FX (sound FX) | | 30 seconds of sound so children can reflect and respond |
|  | Host | | Have you even felt embarrassed? What did that feel like? (pause) |
|  | All | | Yes |
|  | Host | | Can anyone tell me about that? |
|  | Child A | | Once, my teacher asked me to come on front of the classroom to answer a question. I hate talking on front of people and when I walked up to the backboard I was already shaking.  My voice sounded funny when I tried to answer the question. I said the wrong answer and some of my classmates laughed at me. I felt my tummy get tight and I wanted to run away and cry but I walked back to my seat and sat down. My face felt really hot and I was blinking to hold back my tears. |
|  | Host | | Oh no! thank you for sharing that story with us. That was really brave! Being afraid to speak on front of the whole class is really, really normal. I promise there were lots of other children in your class who were just as afraid of being called on by the teacher.  Even though you were afraid, you managged to to walk up to the blackboard and try your best to answer the question. This takes courage! You can be proud of yourself for being brave! You also did such a good job managing your feelings when you got the answer wrong. Even though some children laughed, and you wanted to run away and cry, you didn’t. You went back to your seat. I’m really proud of how you handled that! it takes a really strong person to keep going when things are hard!  Will we continue with our story? |
|  | All | | Yes |
|  | FX (sound FX) | | Sound to introduce read aloud story |
|  | Host | | One day, Malika was in the market with her mother when a man insulted her mother, calling her a name that meant foreigner in a very bad way.  Malika’s face grew hot with embarrassment. She was so angry. She was angry at the man, of course, but she was also angry at her parents for being different. Why couldn’t they just be like everyone else? She was angry at her parents for talking funny, for having no money, for bringing this embarrassment on her. Malika wanted to shout, she was so angry, and tears pricked at her eyes. She looked hard at her feet, trying to get control of herself.  Malika’s mother noticed. “Malika,” she said gently, “I’m sorry you heard that man being mean to me. He is rude and uneducated. An educated, polite person would never have said that to me.”  Malika couldn’t take it anymore. “Why do we have to be so *different*?” She exploded, “why can’t we just be like everyone else?” |
|  | FX (sound FX) | | Sound for discussion break |
|  | Host | | Let’s stop here for a quick discussion. Join in at home by saying your answers to the questions out loud during the pauses!  Why do you think Malika is angry at her parents? (pause)  Again, why do you think Malika is angry at her parents? |
|  | FX (sound FX) | | 30 seconds of sound so children can reflect and respond |
|  | Host | | Why do you think Malika is angry at her parents? |
|  | Child B | | She was angry at them for being different. |
|  | Child C | | She was getting embarrassed by the ways that heer family was different and she just wanted her parents to be normal, like everyone else |
|  | Host | | Very good. Malika was angry at her parents because she hated being different. She felt that it was her parents fault that the family was different from the other families and this made her so embarrassed.  Have you ever felt like you were different from everyone around you? What did that feel like? (pause)  Again, Have you ever felt like you were different from everyone around you? What did that feel like? |
|  | FX (sound FX) | | 30 seconds of sound so children can reflect and respond |
|  | Host | | Have you ever felt like you were different from everyone around you? What did that feel like? |
|  | Child B | | I have a wheelchair because I am not able to walk on my own. I don’t know anyone else who has a wheelchair so I feel different all the time. Sometimes it’s really hard. People make fun or me or forget to include me or to invite me to play with them. |
|  | Host | | I’m so sorry to hear that and thank you for telling us. No one should make fun of you because you have a wheelchair to help you move around.  While the wheelchair is a difference, you also have lots of things that are the same as other children don’t you? |
|  | Child B | | Yes! |
|  | Host | | You are a boy like (Child D), you’re the same age as (Child A), you’re really good at drawing and painting like (Child C) and you love to sing like me! You are kind and thoughtful and clever like (Child A), (Child C) and (Child D).  We all have things about us that are different, like (Child B)’s wheelchair and Malika’s parent’s language and jobs, and Malka’s clothes. But we also have lots of things about us that are the same! Just because someone has some differences doesn’t mean we can’t include them or befriend them. We must always be kind to people no matter what their differences are!  Ready for the next question? |
|  | All | | Yes |
|  | Host | | Ok! Have you ever felt very angry at your parents? (pause)  Again, Have you ever felt very angry at your parents? |
|  | FX (sound FX) | | 30 seconds of sound so children can reflect and respond |
|  | Host | | Have you ever felt very angry at your parents? |
|  | Child C | | (SADLY) Yeah… my papa works really, really hard so he’s never around. He can never help me witht my homework or he was never able to play with me.  I know he’s working really, really hard because he cares about me and the rest of our family but when he misses important things, like my football games, I get really, really mad. |
|  | Host | | Thank you so much for sharing that story (Child C), its not easy to talk about being angry at people, especially the people we love!  It’s normal to feel angry sometimes, even at the people you love, like your family or your close friends.  Ready to hear more of the story? |
|  | All | | Yes |
|  | FX (sound FX) | | Sound to introduce read aloud story |
|  |  | | Malika’s mother looked like she was about to get angry, too, and for a second Malika was afraid that she had gone too far. Malika’s mother took a deep breath as though she were trying to calm herself. “Come sit down here with me,” she said, “and I will tell you a story.”  “A long time ago,” Malika’s mother began, “your father and I lived in a place called [insert the name of a region in the country where they speak local language 2, from above]. You and your brothers and sisters were not born yet. Your father and I were children in neighboring villages. Your grandparents both had small soybean farms that did very well. We were close to our families, and happy. But soon after we married there was a terrible drought in the area. The soybean farms failed. The land that your father was given by his father became dry and stony. We tried as hard as we could, but nothing grew.  “The low levels of water meant that people started using the same dried up rivers for washing, for catching fish, and for drinking water. Many people grew sick and died.” Here Malika’s mother stopped for a minute and Malika saw tears in her eyes. “I lost my youngest brother,” she said, her voice catching, “and I lost your older brother, who was growing inside of me.” A few tears rolled down Malika’s mother’s face. Malika got very quiet and still. “I never told you about this Malika, and I should have, maybe you would understand better why we made the decisions we did. We were both young, your father and I, and we were trying very hard to be excited for the future, and for our first child. His death was terrible for us.” Malika’s mother looked at Malika to make sure she understood.  “After I lost the baby, your father and I felt we could not continue to struggle against that dry land any longer. We thought it would not be a good place to start our family, we would not be able to provide for our children there. Soon after, your grandfather, your father’s father, died as well. That was the last sign we needed. We decided to leave our homes and to try to make a better life for ourselves and for you, our children, far away.  “It has not always been easy for us,” Malika’s mother continued, “but we have done the best we can. You children have never gone hungry. You have all finished primary school, even if sometimes you did not have enough for uniforms or extras. We are proud of ourselves, Malika, and I hope that knowing all of this, you will be proud of us, too.” |
|  | FX (sound FX) | | Sound for discussion break |
|  | Host | | Let’s stop here to continue our discussion. Join in at home by saying your answers to the questions out loud during the pauses!  What has Malika learned about her family? (pause)  Again, what has Malika learned about her family? |
|  | FX (sound FX) | | 30 seconds sound to let children think and respond |
|  | Host | | What has Malika learned about her family? What do you think? |
|  | Child A | | That her parents had to leave where they came from because there was a drought and people were getting sick |
|  | Child B | | That she had an older brother who died before she was born |
|  | Child C | | That her mummy had a younger brother who died and her dads father died too |
|  | Child D | | That they moved to be able to have a better life and to make sure that their children would be ok |
|  | Host | | Very good! I see you have all been listening very hard!  Malika’s parents faced a lot of challenges in (Insert country/ region they are from). The drought meant that the land her father had there was not productive. Nothing was able to grow.  The drought also meant that people were using the little water in the river to wash in, drink and catch fish from. This meant that lots of people got very sick, and some people died, like Malika’s mother’s youngest brother.  Malika’s parents made the very difficult decision to leave their home and travel far away to make sure that Malika and her brothers and sisters were safe and healthy.  Do you think that learning this new information about her family history will change the way that Malika sees her parents? |
|  | All | | Yes |
|  | Host | | Why? How will her ideas change? (pause)  Again, Do you think that learning this new information about her family history will change the way that Malika sees her parents? Why? How will her ideas change? |
|  | FX (sound FX) | | 30 seconds sound to let children think and respond |
|  | Host | | Do you think that learning this new information about her family history will change the way that Malika sees her parents? |
|  | Child D | | I think now that she knows the reason why her family is different she will be proud of everything her parents did to make her safe and healthy and happy. |
|  | Child A | | I think she will be really proud of her parents for working so hard. |
|  | Host | | Very good! Lets continue with the story to find out if you are correct! |
|  | FX (sound FX) | | Sound to introduce read aloud story |
|  | Host | | Malika was very sorry she had thought those terrible things about her parents. She had not understood how much they had struggled to make a better life for herself and her brothers and sisters. She had seen only where they were now, but not where they had come from.  Malika threw her arms around her mother’s waist. “I love you,” she said to her mother, “and I am very proud of you.” |
|  | FX (sound FX) | | Sound for discussion break |
|  | Host | | You were correct to guess that Malika would be proud of her parents once she understodd her family history. Well done!  Why do you think that Malika goes from being a little embarrassed of her parents to being proud of them? (pause)  Again, Why do you think that Malika goes from being a little embarrassed of her parents to being proud of them? |
|  | FX (sound FX) | | 30 seconds sound to let children think and respond |
|  | Host | | Why do you think that Malika goes from being a little embarrassed of her parents to being proud of them? |
|  | Child A | | Because they loved her so much that they moved far, far away to make sure she was safe and healthy |
|  | Child B | | Because she didn’t know the full story before but now she does |
|  | Host | | Very good. Learning about her family history helped Malika to see just how much her parents loved her, and how many struggles they had overcome even before she was born. Her parents are amazing people and she is very lucky to have them!  Do you think that it’s important for children to know about their parents’ lives and challenges? |
|  | All | | Yes |
|  | Host | | Do you know anything about the lives of the grown ups in your life? |
|  | All (at once) | | A little  Not really  Some things  Kind of |
|  | Host | | Do you think you’d like to know more about them? |
|  | All | | Yes! |
|  | Host | | You can ask them to tell you about their lives! Turn it into a game and pretend to interview them, like a journalist or a talk show host!  Do you think they’d like that? |
|  | All | | Yes! |
|  | Host | | Good! So, tell me, after hearing that story, is there anything that you might do differently? What do you think at home? Take a few moments to think about whether or not you might do anything different after hearing the story? |
|  | FX (sound FX) | | 30 seconds sound to let children think and respond |
|  | Host | | What do you think? |
|  | Child A | | Ummmm….. well I’m going to remember that I don’t know everything about everybody, even the people in my family, so instead of being angry, I’m going to try to be kind and understanding |
|  | Host | | Very good! I’m so happy to hear that you are going to try to do this! |
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