MSP overview
Funding, leadership and technical areas

- Health
- Child protection
- Education
- Protection
- Gender based violence
Who is the MHPSS MSP for?

• Program planners
• Coordinators
• Donors
• Implementing partners
• Technical advisors
Video: MSP background and purpose
MSP format

- Interactive, accessible digital platform and PDF formats
- Links to relevant guidance and implementation tools

mhpssmsp.org
MSP development
Process of development

- Desk review
- Consultations
- Drafting
- Field demonstration
- Revision
- Dissemination

3 years
MSP content
The MHPSS MSP includes:

- 22 activities
- Gap Analysis Tool
- Costing Tool
Activities are organized into four sections

Section 1: Inter-agency coordination and assessment

Section 2: Essential components of all MHPSS Programs (Design, M&E, workforce wellbeing, competencies)

Section 3: MHPSS Program Activities

Section 4: Activities & considerations for specific settings
# MHPSS MSP Activities

## Section 1. Inter-Agency Coordination and Assessment for the MHPSS Response

1. Coordinate MHPSS within and across sectors
2. Assess MHPSS needs and resources to guide programming

## Section 2. Essential Components of all MHPSS Programs

1. Design, plan and coordinate MHPSS Programmes
2. Development and implementation of M&E System
3. Care for staff and volunteers providing MHPSS
4. Support MHPSS competencies of staff and volunteers

## Section 3. MHPSS Program Activities

### ORIENT HUMANITARIAN ACTORS AND COMMUNITY MEMBERS ON MHPSS

1. Orient humanitarian actors and community members on MHPSS and advocate for MHPSS considerations and actions
2. Orient frontline workers and community leaders in basic psychosocial support skills

### STRENGTHEN SELF-HELP AND PROVIDE SUPPORT TO COMMUNITIES

1. Disseminate key messages to promote mental health and psychosocial well-being
2. Support community-led MHPSS activities
3. Provide early childhood development (ECD) activities
4. Provide group activities for children’s mental health and psychosocial well-being
5. Support caregivers to promote the mental health and psychosocial well-being of children
6. Support education personnel to promote the mental health and psychosocial well-being of children
7. Provide MHPSS through safe spaces for women and girls

### PROVIDE FOCUSED SUPPORT FOR PEOPLE IMPAIRED BY DISTRESS OR MENTAL HEALTH CONDITIONS

1. Provide mental health care as part of general health services
2. Provide MHPSS as part of clinical care for survivors of sexual violence and intimate partner violence
3. Initiate or strengthen the provision of psychological interventions
4. Provide MHPSS through protection case management services
5. Protect and care for people in psychiatric hospitals and other institutions
Each activity is presented with:

- A brief introduction
- A checklist of actions
- Additional actions for consideration
- Key guidelines, standards and tools
- List of budget items
Video: Using the Online MSP
Zooming in
# MHPSS MSP Activities

## Section 1. Inter-Agency Coordination and Assessment for the MHPSS Response

1.1 Coordinate MHPSS within and across sectors

1.2 Assess MHPSS needs and resources to guide programming

## Section 2. Essential Components of all MHPSS Programs

2.1 Design, plan and coordinate MHPSS Programmes

2.2 Develop and Implement an M&E System

2.3 Care for staff and volunteers providing MHPSS

2.4 Support MHPSS competencies of staff and volunteers
Section 3. MHPSS Program Activities

**ORIENT HUMANITARIAN ACTORS AND COMMUNITY MEMBERS ON MHPSS**

- 3.1 Orient humanitarian actors and community members on MHPSS and advocate for MHPSS considerations and actions
- 3.2 Orient frontline workers and community leaders in basic psychosocial support skills

**STRENGTHEN SELF-HELP AND PROVIDE SUPPORT TO COMMUNITIES**

- 3.3 Disseminate key messages to promote mental health and psychosocial well-being
- 3.4 Support community-led MHPSS activities
- 3.5 Provide early childhood development (ECD) activities
- 3.6 Provide group activities for children’s mental health and psychosocial well-being
- 3.7 Support caregivers to promote the mental health and psychosocial well-being of children
- 3.8 Support education personnel to promote the mental health and psychosocial well-being of children
- 3.9 Provide MHPSS through safe spaces for women and girls

**PROVIDE FOCUSED SUPPORT FOR PEOPLE IMPAIRED BY DISTRESS OR MENTAL HEALTH CONDITIONS**

- 3.10 Provide mental health care as part of general health services
- 3.11 Provide MHPSS as part of clinical care for survivors of sexual violence and intimate partner violence
- 3.12 Initiate or strengthen the provision of psychological interventions
- 3.13 Provide MHPSS through protection case management services
- 3.14 Protect and care for people in psychiatric hospitals and other institutions
3.8 Support education personnel to promote the mental health and psychosocial well-being of children

Integrating MHPSS with education can contribute to effective learning and help protect children from the negative effects of crises by creating stable environments, fostering hope, reducing stress, encouraging self-expression and promoting collaborative behavior.

To achieve this, the training and support of teachers should be prioritized while also ensuring that other education personnel are empowered to support teachers in their roles.

Teaching can be one of the most stressful occupations and teachers not only influence students’ learning but also their social, emotional and cognitive development. Teachers also play an important role in supporting at-risk children (e.g., those with MHPSS needs, including children with developmental delays and developmental disabilities or with protection vulnerabilities).

The mental health and psychosocial well-being of teachers is particularly important in crisis as it affects their teaching and their ability to support the mental health and psychosocial well-being of their students.

Key considerations:

- Support education personnel to promote the mental health and psychosocial well-being of children.
- Assess needs and capacities to support the mental health and psychosocial well-being of children in learning spaces and the mental health and psychosocial well-being of teachers and other education personnel through consultation with communities, caregivers, teachers and other education personnel and with education authorities (such as education ministry officials, if possible).
- Develop and adapt programme content and training materials to support the well-being of teachers and other education personnel (e.g. trainings that engage teachers' emotional and social skills through role play, peer discussions, group discussions, social and emotional learning workshops and stress management techniques, based on needs and activities identified in assessments and through participatory discussions, based on best practices and projects in the field).
- Train and supervise facilitators to support the well-being of teachers and other education personnel and to provide orientations, capacity building and supportive follow-up to promote the mental health and psychosocial well-being of children (e.g. through mentorship and peer counseling) on the MHPSS and the MHPSS guidelines and templates.
- Promote orientations to teachers and other education personnel in support of ensuring support in mind for teachers and other education personnel (e.g. through regular meetings and professional development opportunities for teachers and other education personnel, including peer counseling and professional development opportunities for teachers and other education personnel, including peer counseling and professional development opportunities for teachers and other education personnel, including peer counseling).
- Provide opportunities for other education personnel (e.g. through regular meetings and professional development opportunities for teachers and other education personnel, including peer counseling and professional development opportunities for teachers and other education personnel, including peer counseling).
- Engage with the MHPSS technical expertise to provide ongoing supervision to facilitators and oversight of activities.
- Facilitate links and referral pathways for support services (e.g. mental health and psychosocial support services, legal services, protection services).
- Foster access to safe spaces in which to conduct activities as needed.

Key considerations:

- Support increased MHPSS focal points in learning spaces.
- Learning spaces should have designated MHPSS focal points who are aware of the MHPSS services available and mechanisms in place. This may be a school counselor, where available.
- Alternatively, if there is no school counselor, a high-capacity individual (such as a teacher or school technician) can be trained and supported to fill the role of MHPSS focal point, identifying needs and referring students as appropriate.
- Taking on this role may require a review and adjustment of their existing workload and responsibilities.

Guidelines, standards and tools

[Links to access relevant guidelines, standards and tools]

Additional actions for consideration (depending on context and available resources)

- Provide additional skills training to teachers and other education personnel to support children (e.g. additional support for children with developmental delays and developmental disabilities, children with protection vulnerabilities).
- Provide social and emotional learning (SEL) opportunities for teachers and other education personnel to develop their own social and emotional competencies, so that they can interact positively with children and serve as role models for them to follow.
- Provide social and emotional learning for children through school-based activities and through informal and non-formal school curricula.
- Take steps to promote the inclusion of MHPSS elements, including SEL, in in-service training programs.
MSP tools
# Gap analysis Tool

**Purpose:**
To provide information on **MSP activity coverage** and **gaps** in MSP activities (and change over time)

## Implemented

<table>
<thead>
<tr>
<th>Activity</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Section 1: Inter-Agency Coordination and Assessment</strong></td>
<td></td>
</tr>
<tr>
<td>1.1 Coordinate MHPSS within and across sectors</td>
<td><strong>Implemented</strong></td>
</tr>
<tr>
<td>1.2 Assess MHPSS needs and resources to guide programming</td>
<td><strong>Not implemented</strong></td>
</tr>
<tr>
<td><strong>Section 3: MHPSS Programme Activities</strong></td>
<td></td>
</tr>
<tr>
<td>3.1 Orient humanitarian actors and community members on MHPSS</td>
<td><strong>Not implemented</strong></td>
</tr>
<tr>
<td>3.2 Orient frontline workers and community leaders in basic psychosocial support skills</td>
<td><strong>Partly implemented</strong></td>
</tr>
<tr>
<td>3.3 Disseminate key messages to promote mental health and psychosocial well-being</td>
<td><strong>Partly implemented</strong></td>
</tr>
</tbody>
</table>

- 12% Fully implemented
- 12% Partly implemented
- 76% Not implemented

**Country:** Switzerland  
**Geographical Region:** Geneva  
**Analysis conducted:** 09/2021
Costing tool (under development)

- To calculate the costs of MHPSS MSP activities
- Useful for coordinators, implementing partners and donors
- User inputs basic information (e.g. country and affected population numbers)
- Cost estimates are automatically generated based on available data
Questions or comments
Thank you!

Contact details:

Inka Weissbecker
weissbeckeri@who.int

Vania Alves
valves@unicef.org

Caoimhe Nic a Bháird
cnic@unicef.org