

War Child E-Learning

I DEAL helps War Child Holland project and partner staff to guide children and young people in gaining life skills to cope with life after armed conflict. The healthy development of a child can be disrupted during a period of armed conflict which may prevent essential life skills from sufficiently developing. Through I DEAL we invite children to rediscover their identities and creatively acquire life skills that help them grow up into balanced adults. I DEAL calls upon the capacity and resilience of individuals to cope with problems and difficult experiences. It aims to re-establish the child's sense of self and purpose, preparing for his or her future.

To learn more about War Child Holland visit: <http://www.warchildholland.org/>

For more information about War Child Learning visit: <http://www.warchildlearning.org/>

Method & themes

I DEAL is a theme-based creative life skill training. It is designed for children between 11 and 15 years old, and young people between 16 and 20 years old. Each theme has a module consisting of 2 to 5 sessions. All sessions are presented in session plans, describing the sessions step-by-step. I DEAL themes are:

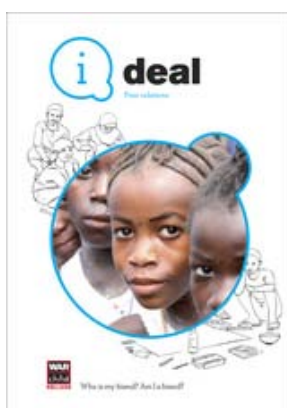
Identity and Assessment



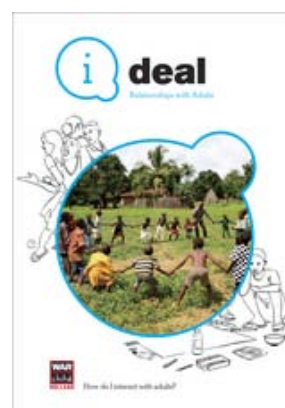
Dealing with Emotions



Peer Relations



Relationships with Adults



Conflict and Peace



The Future

